



A 30 - Day Challenge for Grandparents

#prayingwithpurpose



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A community of grandparents united in purposeful, intentional, and *specific* prayers of power and faith on behalf of their grandchildren

The 30 - Day Praying with Purpose Challenge is for any grandparent who believes that praying for their grandchildren:

- is their call and their responsibility
- is a long-term commitment
- helps them to be involved in the lives of their grandchildren
- allows God to accomplish His purpose in and through their grandchildren
- has an eternal impact on their grandchildren's lives
- is one of the greatest investments that can ever be made into the lives of their grandchildren
- can stop Satan's schemes and powers toward their grandchildren
- invites them to bring all their concerns about their grandchildren to God
- permits them to release to God what they cannot control themselves
- closes the distance gap
- is an honor and a privilege
- draws them closer to God and nourishes their own spirit
- strengthens their relationship with their grandchildren
- displays the faithfulness, sovereignty, and goodness of God
- helps them play a major part in stabilizing and influencing the lives of their grandchildren
- is the single, greatest thing they can do to express their love for their grandchildren
- helps equip their grandchildren to stand fast in the faith

What is the 30 - Day Challenge?

The 30 – Day Prayer Challenge is an opportunity for grandparents to:

- COMMIT to praying for their grandchildren for 30 consecutive days.
- ENGAGE in purposeful, intentional, and *specific* prayers for their grandchildren.
- RECEIVE SUPPORT and ENCOURAGEMENT from others as they make an immense investment into the lives of their grandchildren.

When does the 30 - Day Challenge take place?

The challenge can be taken at any time that fits your schedule. Additionally, a corporate version is run annually through our corresponding [Facebook group](#) during the 30 days leading up to Grandparents' Day of Prayer.

"Arise, cry out in the night, at the beginning of the night watches! Pour out your heart like water before the presence of the Lord! Lift your hands to him for the lives of your children, who faint for hunger at the head of every street." -Lamentations 2:19

Prayer is our job; our spiritual work.

How does the 30 - Day Challenge work?

Use the 30 - Day Praying with Purpose Challenge booklet as a guide.

At the back of this booklet, you will find 30 Prayer Prompts to help you pray specifically for your grandchildren for 30 consecutive days. During the course of the challenge, use the prompts to engage in daily prayer for your grandchildren.

Additional Challenge Opportunities

Make the most of this intentional time of concentrated prayer for your grandchildren by taking advantage of some or all of these additional challenge opportunities:

- ✓ Make a formal commitment to pray. Write out your commitment and sign it. Post it in a highly visible place. Share your commitment with at least one other person.
- ✓ Select one or more of the Engaging with Your Grandchildren activities to do during the course of the challenge.
- ✓ Join the private [30 - Day Praying with Purpose Challenge Facebook Group](#).

"For we do not wrestle against flesh and blood, but against the rulers, against the authorities, against the cosmic powers over this present darkness, against the spiritual forces of evil in the heavenly places." - Ephesians 6:12

Prayer is our weapon in a very real spiritual battle.

Before the Challenge Begins

Do you find it difficult to be consistent in your prayers? --The busyness and distractions of life constantly getting in the way.

Ever find yourself struggling for just WHAT to pray? --The utterer of vague and general prayers, "And...Lord, bless my grandchildren today."

If we, as grandparents...

...really believe that prayer is our job,

...really believe that prayer is our weapon,

...really believe that there is a spiritual battle waging all around,

...really believe that Satan is after the souls of our grandchildren,

...really believe that we are fighting for their very souls...

THEN we should be the most *intentional, consistent, diligent, faithful, specific* pray-ers on the planet.

By praying daily for your grandchildren for 30 days you can develop new habits and/or strengthened existing habits that will move you toward becoming a grandmother or grandfather who *intentionally, consistently, diligently, faithfully, specifically* helps equip their grandchildren to stand fast in the faith.

PREPARE. Plan for this challenge ahead of time. Prior to starting the challenge, look over the Activities for Engaging with Your Grandchildren. Select the ones you would like to do. Gather the materials or information you will need in order to carry the activities out. (A few of the activities will require preparation before your starting date.)

AIM FOR CONSISTENCY. Consistency in our prayer life is so very important. Look ahead. Check your calendar for the 30 days of the challenge. Seek out the time of day that will best fit with building a habit of consistency.

Look for activities in your daily schedule that are already a habit. Connect your new habit of daily prayer to one of them. For instance, you might choose to pray as soon as you rise in the morning or after you have finished your lunch. By doing this, your ingrained habit becomes a "trigger" for your new prayer habit.

SCHEDULE YOUR DAILY PRAYER TIME. Yes, I said, "Schedule your prayer time!" Write the 30 - Day Praying with Purpose Challenge on your calendar. Jot reminder notes to pray each day and at what time. Set the alarm on your phone. Until daily prayer for your grandchildren becomes an ingrained habit, remind yourself by scheduling it.

MAKE A FORMAL COMMITMENT. (1) Write out your commitment and sign it. (2) Post your signed commitment somewhere visible. (3) Share your commitment with at least one other person – spouse, friend, another grandparent, your grandchild.

GATHER SUPPORT. Intentional, concentrated time alone in prayer IS essential. However, it is also essential that we intentionally purpose to link arms (spirits) with other believers and join with them in prayer. Our battle is BOTH private and public. Our prayers should be as well.

- Link arms with other grandparents who have committed to the 30 - Day Praying with Purpose Challenge. Request to join the private Facebook group [30 - Day Praying with Purpose Challenge for Grandparents](#).
- Request to join [Praying with Purpose](#), a group of grandmothers and mothers sharing their prayer requests on Facebook.
- Find weekly prayer prompts, articles, free and low-cost resources, and other information at [deborahhaddix.com](#).
- Join a neighborhood "Grandparents' Prayer Group" or form one of your own. Consider hosting a weekly prayer group just for grandparents. The meeting could take place in your own home, your church, or a favorite nearby coffee shop.

Follow-through is so much more likely if an accountability system is in place. Additionally, the gleaning of new ideas and the receiving of encouragement are extra special benefits of praying in community.

"Through prayer, the enemy's schemes are thwarted. Through prayer, the powers, principalities, and authorities of Satan's realm are stopped cold. Through prayer, all of the power and provision of God flows into the lives of His people."

-Jennifer Kennedy Dean, Live a Praying Life

Activities for Engaging with Your Grandchildren

Commitment

- Write out your commitment.
- Sign it.
- Post your commitment in a highly visible location.
- Share your commitment with at least one other person – your spouse, a friend, neighbor, another grandparent, or your grandchild or grandchild’s parent.
- Give that trusted person permission to hold you accountable to your daily commitment to prayer.

Scheduling

- Choose a time of day that best supports consistency of daily prayer.
- Connect your daily prayer time to an already established daily activity.
- Place your daily prayer time on your calendar.
- Set an alarm to serve as a reminder.
- Share your scheduled time of prayer with at least one other person.
- Give that trusted person permission to hold you accountable to your daily commitment of prayer.

Support

- Request to join the private Facebook group [30 - Day Praying with Purpose Challenge for Grandparents.](#)
- Request to join [Praying with Purpose](#), a group of grandmothers, mothers, and others sharing their prayer requests on Facebook.
- Find weekly prayer prompts, articles, free and low-cost resources, and other information at [deborahhaddix.com](#).
- Pray with a local friend or family member.
- Pray with long-distance grandparent friends and family via the internet.
- Follow Christian Grandparenting Network on the [web](#) and on [Facebook](#).
- Follow the Prayer Ministry of Christian Grandparenting Network on the [web](#) and on [Facebook](#).
- Form or join a [Grandparents at Prayer \(G@P\) group](#).
- Organize and host a [Grandparents' Day of Prayer event](#).
- Follow The Legacy Coalition on the [web](#) and on [Facebook](#).
- Attend the annual [Legacy Grandparenting Summit](#) or a [Legacy Local Seminar](#).
- Attend an [Intentional Grandparenting Conference](#).

*"The prayer of a righteous person has great power as it is working."
-James 5:16*

Further Opportunities of Engagement

- When you are able, pray with your grandchildren before meals.
- Pray together at bedtime when possible.
- Call your grandchildren and pray with them over the phone.
- Go on a prayer walk. Pray for your grandchild.
- Go on a prayer walk with your grandchild.
- Let your grandchildren see you pray.
- Discuss your prayers with your grandchildren.
- Share with your grandchildren how God is answering prayer in your own life.
- Let your grandchildren know ahead of time that you will be praying specifically for them.
- Ask them for their prayer requests. If your grandchildren are very young, elicit their requests through their parents.
- Entrust your grandchildren with praying for you. Share your requests with them.
- Keep a pencil and pad of paper by your phone or computer. Listen as your grandchildren talk. Record prayer requests that you glean from conversations with them.
- Pray Scripture with your grandchildren.
- Share Scriptures that you love to pray with your grandchildren.
- Create a Scripture Prayer Journal. In it record the Scriptures you are praying for your grandchildren.
- Create a Scripture Prayer Journal that you share with your grandchildren. Record in it Scriptures that each of you are praying.

- Begin a Legacy Prayer Journal.** A Legacy Prayer Journal is kept by members of multiple generations within a family. The journal is typically sectioned off by categories such as prayer requests and answers to prayer. This type of Prayer Journal encourages modeling and discussion of prayer. It also becomes a treasured family keepsake and a record of God's movement within your family. Long-distance grandparents can keep a Legacy Prayer Journal with their grandchildren by using technology to share requests and gather information.
- Before the 30 - Day Challenge begins, set up a Picture Prayer Journal.** Tab a section of pages for each of your grandchildren. On the first page of each section write the name of one of your grandchildren. Add a photo of the child, the child's birthdate, and any other pertinent information. Use your journal during the challenge. On the pages of each section record requests, prayers, answers and anything else you like.
- Keep a personal journal of your 30 - Day Praying with Purpose Challenge experience.**
- Begin a family Thankful Journal.** Involve your grandchildren in setting it up and making entries.
- Mail a note to your grandchildren letting them know that you are praying for them.**
- Up the accountability factor.** Tell your grandchildren that you are praying for them. Make the moment even more special by giving them a keepsake as a reminder of your commitment.
- [Pray in Color](#)** for each of your grandchildren.
- After you have Prayed in Color for your grandchild, mail the prayer to them.**
- Text a short prayer to your grandchild.**
- Send a text or email message letting your grandchild know specifically what you prayed for them.**

- Leave [notes](#) for your grandchild to find after a visit together or mail the notes.
- Use the [Prayer Prompt Cards](#) version of the daily prayer prompts if it is easier. The cards can be cut apart and carried in a Bible, purse, or bag.

Add your own ideas or ideas gained from others.

- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____
- _____

*"For now we live, if you are standing fast in the Lord."
1 Thessalonians 3:18*

30 - Day Challenge Prayer Prompts

Day 1 – **SALVATION** - Pray that your unsaved grandchildren will believe that Jesus loves them and died for their sins so that they can have a personal relationship with Him and enjoy eternal life. Thank God for the **SALVATION** of your saved grandchildren.

John 3:16 - *For God so loved the world, that he gave his only Son, that whoever believes in him should not perish but have eternal life.*

Day 2 – **GRACE & KNOWLEDGE** – Pray that each of your grandchildren will grow in the grace and knowledge of Jesus Christ.

2 Peter 3:18 - *But grow in the grace and knowledge of our Lord and Savior Jesus Christ. To him be the glory both now and to the day of eternity. Amen.*

Day 3 – **LOVE FOR GOD** – Make it today's prayer that with each passing day your grandchildren will grow more and more in love with God.

Mark 12:30 - *And you shall love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.'*

Day 4 – **GRATITUDE** – *"Thanksgiving is the precursor to joy," Kathy Keller, TGCW2016.* Pray that gratitude will become a habit for your grandchild so that joy becomes their life.

1 Thessalonians 5:18 - *give thanks in all circumstances; for this is the will of God in Christ Jesus for you.*

Day 5 – **LOVE FOR GOD'S WORD** – Pray that your grandchildren will hunger and thirst for His Word finding it more precious than gold.

Psalms 19:10 - *More to be desired are they than gold, even much fine gold; sweeter also than honey and drippings of the honeycomb.*

Day 6 – **KINDNESS** – Today pray that your grandchildren will be kind to their siblings and everyone else.

Ephesians 4:32 - *Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.*

Day 7 – **OBEDIENCE TO PARENTS** – Pray that your grandchildren will honor their parents through their obedience to them.

Colossians 3:20 - *Children, obey your parents in everything, for this pleases the Lord.*

Day 8 – **SELF-CONTROL** – Pray that your grandchildren will learn to exhibit self-control.

Proverbs 25:28 - *A man without self-control is like a city broken into and left without walls.*

Day 9 – **DILIGENCE** – Make it today's prayer that your grandchildren will grow in diligence.

Proverbs 21:5 - *The plans of the diligent lead surely to abundance, but everyone who is hasty comes only to poverty.*

Day 10 – **RESPECT** – Pray that each of your grandchildren will learn to respect those in authority over them.

Romans 13:1 - *Let every person be subject to the governing authorities. For there is no authority except from God, and those that exist have been instituted by God.*

Day 11 – **FORGIVENESS** – Pray that your grandchildren will forgive others just as God has forgiven us.

Ephesians 4:32 - *Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.*

Day 12 – **GENEROSITY** – Pray that your grandchild will exhibit generosity.

Hebrews 13:16 - *Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.*

Day 13 – **LOVE FOR OTHERS** – Pray that your grandchildren will love others.

1 John 4:19 - *We love because he first loved us.*

Day 14 – **DISCERNMENT** – Pray that your grandchildren will grow in discernment.

Ecclesiastes 8:5 - *Whoever keeps a command will know no evil thing, and the wise heart will know the proper time and the just way.*

Day 15 – **COURAGE** – Pray for your grandchildren that they will be courageous putting their trust in the Lord.

Psalms 56:3-4 - *When I am afraid, I put my trust in you. ⁴In God, whose word I praise, in God I trust; I shall not be afraid. What can flesh do to me?*

Day 16 – **RESPONSIBILITY** – Pray that each of your grandchildren will accept responsibility for their actions.

Galatians 6:5 - *For each will have to bear his own load.*

Day 17 – **PASSION FOR GOD** – Make it the focus of your prayer today that your grandchildren will develop a singular passion for God Almighty.

Psalm 63:8 - My soul clings to you; your right hand upholds me.

Day 18 – **HUMILITY** – Pray that your grandchildren will walk humbly with God.

1 Peter 5:5 - Likewise, you who are younger, be subject to the elders. Clothe yourselves, all of you, with humility toward one another, for "God opposes the proud but gives grace to the humble."

Day 19 – **HATRED FOR SIN** – Pray that your grandchildren will hate sin.

Psalm 97:10 - O you who love the LORD, hate evil! He preserves the lives of his saints; he delivers them from the hand of the wicked.

Day 20 – **PURITY** – Pray that each of your grandchildren will live a life of purity before God.

1 Corinthians 6:18-20 - Flee from sexual immorality. Every other sin a person commits is outside the body, but the sexually immoral person sins against his own body. ¹⁹Or do you not know that your body is a temple of the Holy Spirit within you, whom you have from God? You are not your own, ²⁰for you were bought with a price. So glorify God in your body.

Day 21 – **PROTECTION FROM THE EVIL ONE** – Pray that God will protect your grandchildren from Satan.

John 17:15 - I do not ask that you take them out of the world, but that you keep them from the evil one.

Day 22 – **COURTESY** – As you pray for your grandchildren today, pray that they will show courtesy to others.

Titus 3:2 - to speak evil of no one, to avoid quarreling, to be gentle, and to show perfect courtesy toward all people.

Day 23 – **UNSELFISHNESS** – Pray that your grandchildren will have hearts of unselfishness.

Colossians 3:12 - Put on then, as God's chosen ones, holy and beloved, compassionate hearts, kindness, humility, meekness, and patience,

Day 24 – **FAITH** – Pray that your grandchildren will grow in faith.

1 John 5:4 - For everyone who has been born of God overcomes the world. And this is the victory that has overcome the world—our faith.

Day 25 - **HOPE** – Pray, today, that each of your grandchildren will abound in hope.

Romans 15:13 - *May the God of hope fill you with all joy and peace in believing, so that by the power of the Holy Spirit you may abound in hope.*

Day 26 – **CONTENTMENT** – Pray that your grandchildren will learn the secret of contentment.

Philippians 4:12-13 - *I know how to be brought low, and I know how to abound. In any and every circumstance, I have learned the secret of facing plenty and hunger, abundance and need. ¹³I can do all things through him who strengthens me.*

Day 27 – **PERSEVERANCE** – Pray that your grandchildren will develop perseverance.

Hebrews 12:1 - *Therefore, since we are surrounded by so great a cloud of witnesses, let us also lay aside every weight, and sin which clings so closely, and let us run with endurance the race that is set before us,*

Day 28 – **A SERVANT’S HEART** – Focus your prayer today on the heart of your grandchildren. May each develop a servant’s heart.

Ephesians 6:7-8 - *rendering service with a good will as to the Lord and not to man, ⁸knowing that whatever good anyone does, this he will receive back from the Lord, whether he is a bondservant or is free.*

Day 29 – **A HEART FOR MISSIONS** – Pray that your grandchildren will have a heart for missions.

Psalms 96:3 - *Declare his glory among the nations, his marvelous works among all the peoples!*

Day 30 – ***Culmination Day*** – Spend some extra time in focused prayer for your grandchildren today. Pray for any or all of the following:

- The salvation of your grandchildren
- Their personal relationship with God
- Their daily walk with God
- Their relationships with others
- The people in their lives (parents, siblings, friends, mentors, teachers)
- Protection from the evil one
- **That you will be a committed, dedicated prayer warrior for your grandchildren.**

