



# Adult Lutherans Organized for Action



## Ironwood Springs LUTHERHOSTEL

October 4 - 8, 2021  
Ironwood Springs Christian Ranch  
in Southern Minnesota

Join ALOA for a time of learning, reflecting and connecting with others at Ironwood Springs Christian Ranch near Stewartville, MN.

We've assembled a dynamic team of presenters to bring you inspiring spiritual topics, music, devotions and outdoor activities.

Ironwood Springs Christian Ranch is a Christian Camp located on 200 acres in southern Minnesota along the Root River. Activities will take place in the camp's Miracle Lodge Retreat and Conference Center.

- Spacious, accessible Lodge sleeping rooms are uniquely decorated and equipped with microwave, small refrigerator and private bathroom.
- In addition to Lodge rooms, campsites are available just yards away from the Lodge. Each site has electricity; water and sewage stations are shared.
- Participants can choose between a Lodge room or a campsite. Both options include all meals and full program. If you live in the area, attending as a commuter fee (program and lunch/dinner meals) is also an option.



Relax • Reflect • Connect • Grow in Faith

## MEET OUR PRESENTERS

### Ben & Jennifer Freudenburg



Ben & Jennifer Freudenburg will lead our study of *Life in the Later Years*. We know God has high expectations for us to pass on our faith in Jesus, and the Freudenburgs will help us to better impart God's love and grace to future generations. Ben serves as Executive Director of the Concordia Center for the Family and has been in family ministry for 48 years. Jennifer also works for the Center and has served as a Lutheran educator. From Ann Arbor, MI, they have two daughters, four grandchildren, and three refugee foster grandsons.

### Pastor Frank and Deaconess Jan Janzow



Frank and Jan Janzow return to lead music and devotions with the theme *Kingdom Living: A Fresh Look at the Lord's Prayer*. They will focus on scriptures, hymns, and songs of hope and encouragement in Christ. The Janzows served as Lead Pastor and Deaconess of Worship and Music at Ascension Lutheran Church, Waukesha, WI, for 37 years. In retirement, Frank has served as Interim Pastor and Jan as substitute organist, as well as authoring books, liturgies and songbooks. The Janzows have two children and two grandchildren.

The retreat begins in the afternoon of Monday, October 4 and ends by Noon on Friday, October 8

- Cost:** \$575 per person (double occupancy) Lodge Room  
\$635 per person (single occupancy) Lodge Room – Very limited number  
\$525 per person campground accommodations (water and electric hookup)  
\$350 per person - Commuter attendee (no lodging or breakfast) – Limited number

### Other program highlights

- Chuckwagon lunch & songfest
- Evening with Momentum Duo
- Sessions on *Wild Flowers, Prisoner of War Camps and History in Song & Story circa 1920*
- Introducing *Faith Stories*™
- More inspiring stories from Al Batt
- “Welcome Home Veterans” Action Team
- Cornhole, mini golf, hiking, zip line & campfire

### ALOA

Adult Lutherans Organized for Action is a resource to the church focused on strengthening ministry for older adults.

#### Our mission is two-fold:

- help congregations provide more intentional and dynamic ministry by and for older adults
- encourage older adults to affirm their gifts and use those gifts in service to family, church, community and world



#### For more information:

visit our website: [ALOA.serves.org](http://ALOA.serves.org)  
contact us at [aloa4u@gmail.com](mailto:aloa4u@gmail.com)  
800-930-2562  
P.O. Box 4367,  
Clearwater, FL 33758

### Ironwood Springs Christian Ranch



Ironwood Springs Christian Ranch is a Christian Camp

established in 1976 and serving over 24,000 people per year. Their purpose is to provide an atmosphere and opportunity for adults and children to get to know themselves, others and God better. Ironwood Springs strives to do this through their lives, words, and activities by conducting themselves in a manner pleasing to God.

Ironwood Springs Christian Ranch asks that you respect their request that there be no alcohol on the property and tobacco use only in designated areas. Weapons of any type are not allowed on Ironwood property.

7291 County Road 6 SW, Stewartville, MN 55976  
Visit their website at : [ironwoodsprings.com](http://ironwoodsprings.com)



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October 4 - 8, 2021

Ironwood Springs Christian Ranch – Stewartville, Minnesota

## REGISTRATION FORM

Lodge space is limited; register early.

### Important Registration Information

- Send your registration form with full payment to ALOA at PO Box 4367, Clearwater, FL 33758 - OR - [click here to register online](#) and pay with a credit card.
- Full registration amount should accompany the registration form.
- Direct questions to program directors, Ernie & Kathy Freudenburg at 507-282-4162 or [ekfreud@gmail.com](mailto:ekfreud@gmail.com), or to ALOA at [aloa4u@gmail.com](mailto:aloa4u@gmail.com) or 800-930-2562
- Receive a full refund, less \$50 per registration for processing, on cancellations made by September 7, 2021. No refunds after September 7, 2021, unless we can fill the space.

Name (single occupancy) or names (double occupancy)

Name: \_\_\_\_\_  Male  Female

Name: \_\_\_\_\_  Male  Female

Name(s) you prefer for your nametag(s): \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Home phone: \_\_\_\_\_ Email address: \_\_\_\_\_

Please list any food allergies: \_\_\_\_\_

Church body affiliation:  ELCA  LCMS  WELS  Other Lutheran  Other Christian

Double occupancy Lodge room: **\$575** per person. Roommate (if registering separately): \_\_\_\_\_

Single occupancy Lodge room (very limited availability): **\$635** per person

Campground accommodations (includes all activities and meals): **\$525** per person

Commuter: **\$350** per person (no lodging or breakfast) Limited space available.

Registration accepted on a first-come, first-served basis, so register early!

Amount enclosed: \_\_\_\_\_ **No refunds after September 7, 2021, unless we can fill the space.**

Make checks payable to: ALOA and send to P.O. Box 4367, Clearwater, FL 33758

**Recording Policy:** During this event, ALOA may be recording (audio and video) and/or photographing. Most likely, you will be filmed, recorded or photographed as part of the audience or individually. By your attendance, you are granting your permission to be recorded or photographed for commercial purposes and agree to the following: being recorded, filmed or photographed by any means; commercial or any other use of your likeness, voice and words without compensation; specifically waiving all rights of privacy during the filming, recording or photographing and release ALOA from liability for loss, damage, or compensation from the commercial or other use of your likeness, image, voice or word.



Adult Lutherans Organized for Action – *EncourAGING & Equipping Congregations for Older Adult Ministry*  
[aloaserves.org](http://aloaserves.org) 800-930-2562 [aloa4u@gmail.com](mailto:aloa4u@gmail.com)



ALOA is a Recognized Service Organization (RSO) of the LCMS and an affiliated Social Ministry Organization of the ELCA.



Evangelical Lutheran Church in America

