

## A Bible Study On Defining When a Person Becomes Old

**Suggested use:** To introduce this topic, show the brief video *Speak* the Language. It is available for viewing on ALOA's website at https://aloaserves.org/key-resources/videos/congregational-life-videos/

## Introduction

The question of "when does a person become old?" can be answered in many ways. Children might think that a person who is 20 or 30 is old. Other people think that 40 or 50 is old. And still others might think that people over 65 are old. We hear the statement: You're as old as you feel. And a person might respond and say, "Well then, I'm old because that's how I feel." Another view of old is if you have an air bag on your walker.

So being old might be a relative thing. But then everybody is getting older no matter what your age. This Bible study is designed to be for everybody regardless of your age. You can count on the following promises if you are young, older or very old in years:

**John 3:16** God's love is for everyone no matter

what the age.

Read also: I Timothy 2:3 and Matthew 28:19-20

Acts 2:17-18 God pours out His Spirit on all people

young and old.

Read also: Psalm 71:5-6

**Hebrews 13:5** God will never leave you nor

forsake you.

Read also: Psalm 23:6

Lamentations 3:22-23 God is faithful.

Romans 8:28-39 God works for the good.

I Corinthians 10:11-17 God will provide for you.

**James 1:2-8** God will give you wisdom and perseverance.

**Hebrews 12:1-3** God will provide so that you do not lose heart.

**Isaiah 41:1** God will strengthen you.

**Psalm 51:10-12** God will renew your spirit and restore your joy.

**Psalm 92:12-15** God will cause you to bear fruit in old age.

**Psalm 100** May this Psalm fill you with all joy and thanksgiving as you continue the aging process.

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**Adult Lutherans Organized for Action - ALOA** is a nationwide resource to the church that strengthen ministry by, with and for adults in the second half of life. ALOA offers events for individuals and provides resources to encourage older adult ministry in Lutheran congregations.





