



A Bible Study On The Wisdom of Older Adults

Suggested use: To introduce this topic, show the brief video *The Power Years*. It is available for viewing on ALOA's website at <https://aloaserves.org/key-resources/independence-to-interdependence/>

This Bible study is designed to answer the following questions:

1. What is the meaning of wisdom?
2. What is the source of wisdom?
3. How can older adults counteract society's common attitude that older people are not wise?
4. Does God call older adults to be people of wisdom?
5. Do you consider yourself to be a wise person?

The dictionary defines wisdom as:

the ability to discern or judge what is true, right, or lasting. Second, it describes wisdom as common sense and good judgment. Third, it indicates that wisdom is the sum of learning through the ages which is taught by sages. And a fourth definition uses wisdom as a wise outlook, plan or course of action.

What words would you use to define wisdom?

The Bible answers the question, "What is the source of wisdom?"

Readings: Psalm 111:10 and Proverbs 9:10

Ephesians 1:7 – How did God give this wisdom to you?

James 3:13-18 – Note the difference in God's wisdom which comes down from heaven and how it can be displayed in the daily living of a Christian.

Look at James 1:2-8 and discover that God desires to share wisdom with people including older adults.

Readings: Ephesians 1:15-23 A prayer for you. Is this prayer being fulfilled for you?

Ephesians 5:8-21 – SA description of a person who has the wisdom of God in their life.

Romans 12:1-8 – Additional description of God's wisdom at work in the believer.

Philippians 4:4-9 – Do you believe that God can change your life to give you greater joy, gentleness, and peace?

Mark 12:28-33 – God's answer to a question asked by one of the teachers of the law.

Sharing

So share how God has made you a wise person. Identify ways in which you can share God's gift of wisdom with others.

Wrap Up

Reflect and discuss ways you can become wiser in the physical, intellectual, emotional and spiritual aspects of your life.

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Adult Lutherans Organized for Action - ALOA is a nationwide resource to the church that strengthens ministry by and for older adults. ALOA helps congregations provide more intentional and dynamic ministry by and for older adults and encourages older adult individuals to affirm their gifts and use them in service to family, church, community and world.



ALO A is a Recognized Service Organization (RSO) of the LCMS and an affiliated Social Ministry Organization of the ELCA.



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