



# A Bible Study On The Gift of Joy

**Suggested use:** To introduce this topic, show the brief video *Celebrating Milestones*. It is available for viewing on ALOA's website at <https://aloaserves.org/key-resources/videos/congregational-life-videos/>

## Introduction

Charlie Brown in his cartoon strip says, "Happiness is what you have after your hiccups are gone away." One might hear this comment by older adults: "Getting older is no fun. I wish I didn't have to get old." So the question is: how do we continue to experience happiness and joy in the aging process? Let's take a look at Scripture for some help.

## The source of joy and happiness comes from the Triune God.

### Readings:

Father, creator

Psalm 96:11-12 and Psalm 98:8

### Son, Savior

Psalm 51:8 and 12

Psalm 95:1

Hebrews 1:8-9

Matthew 28:8

### Holy Spirit, giver of faith and power

Romans 14:17

Galatians 5:22

1 Peter 1:8

Share some of the joy and happiness you have experienced through your relationship with the Triune God.

## There is joy in heaven

**Read:** Luke 15:7

Can you picture the angels in heaven experiencing joy and happiness?

## There is great joy on earth when the good news of Jesus is communicated to people and they receive Jesus by believing in him for salvation.

**Readings:** Acts 15:3

Nehemiah 8:10

How has the joy of the Lord given you strength in your aging process?

If something has robbed you of your joy in life, how can that joy be restored?

## There is joy because of the continual presence of our God in our lives.

**Readings:** Psalm 21:6

Matthew 28:20

## There is joy in the blessing and benediction of God

**Readings:** Romans 15:13

Numbers 6:24-26

John 14:1-21

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**Adult Lutherans Organized for Action - ALOA** is a nationwide resource to the church that strengthens ministry by and for older adults. ALOA helps congregations provide more intentional and dynamic ministry by and for older adults and encourages older adult individuals to affirm their gifts and use them in service to family, church, community and world.



ALO A is a Recognized Service Organization (RSO) of the LCMS and an affiliated Social Ministry Organization of the ELCA.



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