



A Bible Study On Change

Suggested use: To introduce this topic, show the video *Coping with Small Changes* or the video *A Special Contribution*. View either one directly from ALOA's website or download them at <https://aloaserves.org/key-resources/health-and-wellness/>

Introduction

Question: How many senior adults does God want to make changes in their lives?

Answer: All of them.

Study Context

The word change is used in many different ways in our daily conversations. For example:

- It's another month to change our clocks forward or backwards.
- There are too many changes going on in my life.
- Sorry, but I changed my mind.
- I'm going with you, but I first need to change my clothes.
- Some changes are good, but others are bad.
- I wish I could change my appearance.
- Change and decay in all around I see.
- But I don't want to change.
- Or I don't need to change.
- I wish I could change my attitude.

Can you identify with any of these or can you add another expression using the word change?

Observation #1: God doesn't change.

Readings: Malachi 3:6 I the Lord do not change. So you, O descendants of Jacob, are not destroyed.

What do these words mean to you in your relationship to God? Discuss and share.

Jeremiah 2:11 – In what ways do we try to change our picture of who our God is?

Romans 1:18-25 – In what ways might we try to change God?

Observation #2: God doesn't change, but He changes us.

Readings: Ephesians 2:1-10 God has changed us from dead people to people alive in Christ Jesus.

What difference does that make?

I Peter 1:3-9 – Share how God has been working in your life and changed you.

Galatians 4:17-20 – Have you, like Paul, asked God to change the way you think and the tone of your conversations?

Philippians 4:4-9 – Do you believe that God can change your life to give you greater joy, gentleness, and peace?

II Corinthians 5:14-21 – What kind of changes does God want to work in your life?

Observation #3: God will continue to bring about changes throughout our lives until we experience the final change of eternal life in the presence of God.

Readings: I Corinthians 15:50-52

Philippians 3:20-21 Our changeless God will change us forever.

Wrap Up

Share in a prayer to a changeless God who by His grace and mercy changes you.

Pastor Ken Holdorf has been in ordained ministry for over 50 years, and currently serves as Pastor of Senior Adult Ministry at Prince of Peace Lutheran Church in Carrollton, Texas. He is the author of several manuals on senior adult ministry, including *Best Practices for Ministry By and For Senior Adults*. Pastor Holdorf generously grants permission for this study to be copied, used and adapted to fit individual needs.

Adult Lutherans Organized for Action - ALOA is a nationwide resource to the church that strengthens ministry by and for older adults. ALOA helps congregations provide more intentional and dynamic ministry by and for older adults and encourages older adult individuals to affirm their gifts and use them in service to family, church, community and world.



ALOA is a Recognized Service Organization (RSO) of the LCMS and an affiliated Social Ministry Organization of the ELCA.



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