

# ALOA

## Parish Nurse and Congregational Health Ministry Presentation

*Thursday, September 12th, 2019*

*Caring for the Body, Mind and Spirit, in Thanksgiving to God!*

# What is Parish Nursing and Congregational Health Ministries?

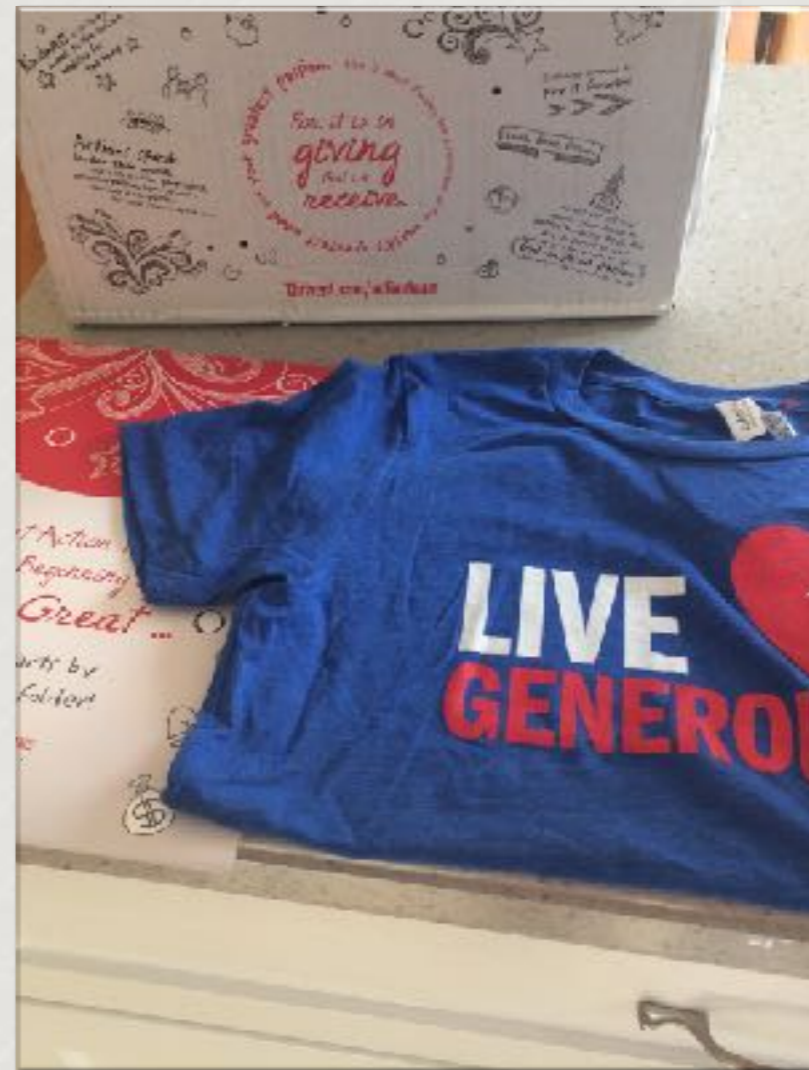
- ✿ Congregational Health Ministries and Parish Nursing are committed to promoting and supporting the physical, emotional and spiritual well-being as part of the Christian stewardship of the whole person, created by God.
- ✿ Health is not the absence of disease, but instead it is a holistic way of living. A Health Ministry seeks to promote an understanding between faith and health by lifting up lifestyle practices as an important aspect of stewardship.



# Mercy and Compassion

## Parish Nurse and Health Ministries

- ✿ By this we know love, that Christ laid down His life for the brothers. If anyone has the world's goods and sees his brother in need, yet closes his heart against him, how does God's love abide in him? Dear children, let us not love in word and talk, but in actions and in truth  
1 John 3:16



# Parish Nurse Qualifications

- ✿ Registered Nurse, with an active NJ License, functioning under the American Nurses Association Scope and Standards of Practice for Faith Community Nursing
- ✿ Member in good standing of the congregation
- ✿ Completion of a recognized parish nurse preparation program which consists of 30 contact hours



# How can a Parish Nurse or Health Ministry program help your congregation and community: Liaison to Community Health Resources

- ✿ Referrals as needed to community services
- ✿ Health and educational seminars open to the community, through partnership with hospitals and community health centers.
- ✿ community blood drives
- ✿ health fairs



# ...Coordinator of Volunteers

- ✿ Meals during times of distress or joy (new birth)
- ✿ Prayer shawl ministry
- ✿ Bereavement ministry
- ✿ Lutheran Hour Ministries Project Connect Booklet Ministry
- ✿ New Birth Outreach~ Diapers and prayers for all new births and adoptions
- ✿ First Aid and Nursing Care for Vacation Bible School



# Health Education

- ✿ Offer health screenings, ie. blood pressure, weights.
- ✿ Provide classes on health and safety issues, ie. advanced directives, nutrition, heart health, yoga, stretching, tai chi, Zumba, pain management
- ✿ Write newsletter articles
- ✿ Create bulletin boards



# Personal Health Counseling

- ✿ 1:1 health counseling
- ✿ Encourage stewardship of Mind, Body and Spirit
- ✿ Resource to pastor regarding health questions
- ✿ Visits to homebound/shut ins, acute and subacute care units, before or after surgery.





# Options for Church and Parish Nurse

- ✿ Paid Staff Position
- ✿ Unpaid Staff Position
- ✿ Full time, part time or Per-Diem
- ✿ Should be included in Pastoral Care and Staff regardless of compensation



# Support for the Parish Nurse

- ✿ Health Ministry Committee
- ✿ Pastor and church staff
- ✿ Volunteers
- ✿ Local parish nurse groups
- ✿ Parish Nurse District Representative
- ✿ Parish Nurse Conferences
- ✿ Prayer



# Liability Insurance for Parish Nurses

- ✿ Check with church's insurance to verify coverage.
- ✿ Carry your own personal nursing insurance:
- ✿ Nurse Service Organization  
<http://www.nso.com>  
1-800-347-1500



# Confidentiality

- ✿ As a paid or unpaid parish nurse, we are fully accountable to The Health Insurance Portability and Accountability Act (HIPAA)
- ✿ All calls, visits, screenings and follow-ups with the parish nurse are confidential
- ✿ Any discussion with the parish nurse is confidential **UNLESS** it is life threatening, or permission to share is given.



# Support for Pastor and Church workers~ Integrator of Faith & Healing

- ✿ Helps to support Pastor and church workers reach goals of health and wellness. Develops intentional health initiatives to promote wellness
- ✿ Pastor may delegate some health visits to Parish Nurse and Health Ministry Volunteers
- ✿ Shares Christ's love in the congregation and community.
- ✿ Gives practical expression to a healing ministry.



# Health Ministry in the Community~ Serving others in Thanksgiving to God!

- ✿ Opens health education classes to congregation and community
- ✿ Promotes health resources available in the community
- ✿ Participates in community health initiatives~ Community Blood Drives, 24 Hour Be the Match Bone Marrow Drive, Flu Shot Clinics, Blood Pressure Screenings, Newark Mentoring program





# Parish Nurse and Health Ministry Education

- ✿ Concordia University Wisconsin  
[www.cuw.edu/programs/parishnursing](http://www.cuw.edu/programs/parishnursing) 4 day intensive course for nurses and clergy. This course is also offered via distance learning. This course is offered to all Christian faiths.
- ✿ Congregational Health Ministry and Parish Nurse Conference: CUW. Open to all interested in Health Ministries and Parish Nursing. Seminars, networking, opportunity to share with other health ministries around the world.
- ✿ Local accredited Parish Nurse preparation programs recognized by LCMS Parish Nurse Ministries.



# Developing a Health Ministry or Parish Nurse program!

- ✿ In the spirit of Christ and in response to His grace and love, the Christian community must be a place where people can be open about their needs, and find support and healing. A health ministry is an invitation to seek wholeness in Christ!

*What are the components of health and wellness that we need to be healthy and serve God?*

*Now you are the body of Christ, each one of you is a  
part of the body*

*1 Corinthians 12:27*

# Our personal journey at Our Savior Lutheran Church

- ✿ Personal accounts of God's grace!
- ✿ Giving Thanks to God for His Children!



*So in Christ we who are many form one body, and each member belongs to all the others. We have different gifts, according to the grace given us*

*Romans 12:5-6*

# Promoting Christ Centered health and wellness

- ✿ One of our first Christ centered health and wellness program was offering Blood Pressure Screenings.
- ✿ AED's for our church and pre-school, and offering CPR and AED classes for all staff, teachers, pastor, ushers, nursery volunteers, greeters and youth.
- ✿ *So God created man in His own image, in the image of God he created him. Genesis 1:27*





*Be sure you know the condition of your flocks, give  
careful attention to your herds*

*Proverbs 27:23*







*For you created my inmost being;  
you knit me together in my mother's womb.  
I praise you because I am fearfully and wonderfully made*

*Psalm 139:13-14*



*Jesus said “For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me”.*

*Matthew 25:35-36*

*So whether you eat or drink or whatever you do, do  
it all for the glory of God.*

*1 Corinthians 10:31*

# How can a Health Ministry help our congregation promote the joy of health?

- ✿ Encourage healthy meals and snacks during church events, Bible Studies, meetings and youth events.
- ✿ Encourage physical activity
- ✿ Prayer Partner Ministry
- ✿ Ministry of Presence
- ✿ Praying for specific wellness goals



# Partnering with various church ministries to the glory of God!

- ✿ Serving God and caring for one another is at the heart of each of our ministries at Our Savior.
- ✿ Supporting one another in sharing God's love has a direct impact on how we share the Good News with our communities!



*For we are His workmanship, created in Christ  
Jesus for good works, which God prepared  
beforehand, that we should walk in them.*

*Ephesians 2:10*

# Grants and Funding for Health Ministries

- ✿ NJ District LCMS CHEF Grant (Christian Heritage Endowment Fund) \* Applications due January 15th 2019
- ✿ We Raise (Formerly Wheat Ridge)
- ✿ Thrivent Action Team Grants
- ✿ Your congregations church budget

*Therefore, I urge you, brothers, in view of  
God's mercy, to offer your bodies as living  
sacrifices, holy and pleasing to God- This is  
your spiritual act of worship.*

*Romans 12:1*

# Small Group Questions and Discussions

- ✿ 1. What are some of the health challenges in your own life? How might your church family help you?
- ✿ 2. What are some changes that you think your congregation could make, to improve overall health, joy and energy?

# Upcoming events, all welcome!

- ✿ Thursday, October 3rd: Community Blood Drive:  
Our Savior Lutheran Church, 22-15 Broadway, Fair  
Lawn, NJ
- ✿ Sunday, September 15th: Flu Shot Clinic Day at Our  
Savior Lutheran Church, 22-15 Broadway, Fair Lawn,  
NJ
- ✿

*And he sent them out to preach the Kingdom  
of God, and to heal the sick.*

*Luke 9:2*

