

# 2017 Senior Fest Registration Form

\$25.00 per person — \$30.00 per person after January 31, 2017

Mail to address on reverse

Name \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
 (Please print name as you would like it to appear on your name tag.)

Address \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

E-mail \_\_\_\_\_

Write down session #s/titles Your Church name, city \_\_\_\_\_  
 for your A, B, & C workshop

choices (All 3 required!) Please check one:  LCMS  ELCA  \_\_\_\_\_  
 (other denomination)

A. \_\_\_\_\_ Amount enclosed \$ \_\_\_\_\_

B. \_\_\_\_\_

C. \_\_\_\_\_

Any special needs: \_\_\_\_\_

Scholarships are available if you need assistance with the reg. fee. Please contact Mike Naleciha, 512-837-0658, or e-mail [mnalciha@msn.com](mailto:mnalciha@msn.com)

# ONE PERSON Per Registration Form

## DIRECTIONS TO REDEEMER LUTHERAN CHURCH

### Coming to Redeemer using IH-35

1. Exit onto 183/Research Blvd — From the north, take the 183/Research Blvd exit. From the south, take the St. John's exit and continue on the 1-35 access road past St. John's and then at the next light, turn left going west under I-35 onto the 183 service road.
2. Continue west on the 183 service road until you reach the light at N. Lamar Blvd. Turn left under 183 going south on the Lamar service road. Quickly get into the right-hand lane and immediately turn right going west on Anderson Lane. Continue 4 blocks on Anderson Lane to Lazy Lane. Turn right on Lazy Lane. Turn left into the first entrance to the Redeemer parking lot.

### Coming to Redeemer using Loop 1/MOPAC

1. Exit onto Anderson Lane — From the north, take the Steck/Spicewood Springs/Anderson exit veering right just as you pass under 183. Continue on the service road through the Steck intersection. Turn left at the next light going east on Anderson Lane. From the south, take the Anderson Lane exit. Turn right going east on Anderson Lane.
2. Continue east through several lights to Burnet Road. Continue through the Burnet intersection. Continue east on Anderson Lane until you pass the railroad tracks. Go a few more blocks to Lazy Lane. Turn left on Lazy Lane. Turn left into the first entrance to the Redeemer parking lot.



Husbands and wives — Please fill out a separate registration form for each of you. Thanks!

# 12th Annual Austin & Central Texas Senior Fest Saturday, February 4, 2017 8:30 a.m. - 4:15 p.m.

Sponsored by



**Redeemer Lutheran Church**  
**1500 W. Anderson Lane**  
**Austin, TX 78757**

**OUR HERITAGE, OUR HOPE**  
 500th Anniversary of the Reformation

## KEYNOTE SPEAKER The Rev. Dr. David Lose

“Why Don't My Kids (and Grandkids) Go to Church? And What Can I Do About It?”

The Rev. Dr. David Lose is the President of The Lutheran Theological Seminary at Philadelphia. He previously taught on the faculty of Luther Seminary in St. Paul, Minnesota, where he served a term as Academic Dean, was the founding director of the Center for Biblical Preaching, and led the creative team that developed WorkingPreacher.org. He is the author of *Preaching at the Crossroads* (2013) and the popular *Making Sense* series of books and resources from Augsburg Fortress. He has also written for *The Huffington Post*, *Patheos*, as well as *The Christian Century*. You can find his daily Bible devotions and other reflections connecting faith to daily life on the web at “...In the Meantime.” He speaks throughout the U.S. and abroad on preaching, leadership, Christian faith in a postmodern world, and biblical imagination. But his favorite thing to do is to spend time with his family.



## SENIOR FEST 2017 SCHEDULE

8:30-9:00 a.m.	Registration and Coffee Fellowship
9:00-9:30	Introductions and Devotions
9:30-10:30	Keynote Address, part 1
10:30-10:45	Break with Coffee and Snacks
10:45-11:45	Keynote Address, part 2
11:45-12:45 p.m.	Catered Lunch
12:45-1:45	Workshop A
1:45-2:00	Break
2:00-3:00	Workshop B
3:00-3:15	Break
3:15-4:15	Workshop C
4:15 p.m.	Depart

**Help feed the hungry** by bringing packages of *pasta, rice, beans, instant potatoes, boxed meals, or similar items (no canned goods please)* with you to Senior Fest. Your donations are appreciated and will be used to help support a neighborhood food bank.

## MAKE CHECKS PAYABLE TO “ALOA TX Senior Fest”

**\$25.00 per person**  
**\$30.00 per person after January 31, 2017**

Complete and detach  
one registration form  
*for each person attending*  
(included on the back page)

Mail the check and form(s) to:

**Senior Fest**  
**Attn: David Austin**  
**3001 Whitis Avenue**  
**Austin, TX 78705**

## WORKSHOPS AND PRESENTERS

**CHOOSE 3 WORKSHOPS** — note that you may not be assigned them in the order you choose

*handicap accessibility – enter the building through the east portico entrance; elevator available to reach all meeting spaces upstairs*

### 1. THE BIBLICAL BASIS FOR THE REFORMATION

**The Rev. Kevin Westergren, Associate Pastor, Redeemer Lutheran Church**

As we prepare to celebrate the 500th Anniversary of the Reformation, it is good to remember an important role the Bible played in it. God used history, technology, politics and even ethnic and religious tensions to highlight the Scriptural teaching that we are saved by grace through faith.

### 2. IT'S A BALANCING ACT

**The Rev. Paul Kersten and Jan Rodgers, Christ Lutheran Church**

One-third of Americans aged 65+ will experience a fall this year. Learn exercises that will increase your balance and strength and reduce your chances of falling. Paul and Jan are certified trainers in *A Matter of Balance, Powerful Tools for Caregivers* and *SAVVY Caregiver*.

### 3. LAUGHTER YOGA

**Simone Monique Barnes, CLYT (Certified Laughter Yoga Teacher)**

Laughter Yoga is a body-mind practice that unites unconditional laughter and deep yogic breathing. Through group laughter exercises, meditation, and deep relaxation, participants will bring more oxygen to their bodies and brains, and connect with other people in a heartfelt way without relying on language, or jokes, or even a sense of humor. Participants will leave with a few techniques they can begin using immediately to feel energetic, more relaxed, and able to transform frustrations like traffic, challenging phone calls, or sitting still for hours, into happy, endorphin-filled meditative experiences through Laughter Yoga.

### 4. REFORMATION MUSIC WITH SINGING

**Rob Gerlach, Minister of Music, Redeemer Lutheran Church**

This workshop will discuss the church's song at Luther's time, and his impact on it. Plan to do some group singing. Workshop presenter, Rob Gerlach, has been Minister of Music at Redeemer Lutheran Church, Austin, since 1978. A Concordia, Nebraska graduate, he has a masters' degree in Organ Performance from The University of Texas in Austin, Kodály certification in Music Education from Sam Houston State University, and studied organ improvisation with Dr. Paul Manz and choral conducting with Dr. Renè Clausen.

### 5. THE SPIRITUALITY OF DOWNSIZING

**Annette Pearson, Spiritual Director**

**Jeannie McCrea, retired Executive Director, Drive a Senior Round Rock**

When and how do we sift through all of our accumulated material “treasures,” and what can spiritually strengthen us during this time of decision fatigue? We'll explore what it means to be a “good steward” as we contemplate the options of discarding, gifting, and continuing to cherish our acquired possessions

### 6. VISION FOR AFRICA PROJECT

**Dave DeVore, Outreach Chair, Redeemer Lutheran Church**

Dave will be sharing the story of Redeemer's involvement in the *Vision for Africa Project*. More than 300,000 people have been given Gospel presentations through the work of this project since 2007, with more than 100,000 people being reached in the last three years alone. The human care aspect of this project is incredible, with many people receiving sight through cataract surgeries, distance and reading glasses as well as benefitting from antibiotics and other eye medications supplied free of charge to the people of Kenya.



Please bring snacks to share during the coffee fellowship

