



A Bible Study On Change

Suggested use: To introduce this topic, show the brief video *Coping with Small Changes*. It is available for viewing directly from ALOA's website or can be downloaded for viewing at www.aloaserves.org/resources/videos/coping-with-small-changes/

Introduction

Question: How many senior adults does God want to make changes in their lives?

Answer: All of them.

Study Context

The word change is used in many different ways in our daily conversations. For example:

- It's another month to change our clocks forward or backwards.
- There are too many changes going on in my life.
- Sorry, but I changed my mind.
- I'm going with you, but I first need to change my clothes.
- Some changes are good, but others are bad.
- I wish I could change my appearance.
- Change and decay in all around I see.
- But I don't want to change.
- Or I don't need to change.
- I wish I could change my attitude.

Can you identify with any of these or can you add another expression using the word change?

Observation #1: God doesn't change.

Readings: Malachi 3:6 I the Lord do not change. So you, O descendants of Jacob, are not destroyed.

What do these words mean to you in your relationship to God? Discuss and share.

Jeremiah 2:11 – In what ways do we try to change our picture of who our God is?

Romans 1:18-25 – In what ways might we try to change God?

Observation #2: God doesn't change, but He changes us.

Readings: Ephesians 2:1-10 God has changed us from dead people to people alive in Christ Jesus.

What difference does that make?

I Peter 1:3-9 – Share how God has been working in your life and changed you.

Galatians 4:17-20 – Have you, like Paul, asked God to change the way you think and the tone of your conversations?

Philippians 4:4-9 – Do you believe that God can change your life to give you greater joy, gentleness, and peace?

II Corinthians 5:14-21 – What kind of changes does God want to work in your life?

Observation #3: God will continue to bring about changes throughout our lives until we experience the final change of eternal life in the presence of God.

Readings: I Corinthians 15:50-52

Philippians 3:20-21 Our changeless God will change us forever.

Wrap Up

Share in a prayer to a changeless God who by His grace and mercy changes you.

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Adult Lutherans Organized for Action - ALOA is a nationwide resource to the church that strengthen ministry by, with and for adults in the second half of life. ALOA offers events for individuals and provides resources to encourage older adult ministry in Lutheran congregations.



ALO A is a Recognized Service Organization (RSO) of the LCMS and an affiliated Social Ministry Organization of the ELCA.



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